

### Parking

Great parking options are available with shuttle service from:

- The Briar Club garage, 2603 Timmons Lane, 3rd and 4th floors
  - St. John's lot at Buffalo Speedway and Westheimer
- Children must be 5 yrs. old to ride the buses.

### Putting Your House in Order January 29 | 12:15 p.m.

Whether you are young or old, this seminar will show you how your faith story should influence your estate planning. Leah Taylor, from the Texas Methodist Foundation offers practical advice and how-tos. Lunch and a workbook are included in the \$20 registration fee. Register at [StLukesMethodist.org/events](http://StLukesMethodist.org/events) by January 23. For more information, contact Sally Gray at 713-402-5006.

### The Joy of Discipline: Discovering Intimacy with God Through Inward Spiritual Practices in 2017 Sundays, January 29–March 5 | 4-5:30 p.m. | Room ES301

Join us for six weeks as we study, explore, and practice four inward disciplines based on Richard Foster's book *The Celebration of Discipline*. Register at [StLukesMethodist.org/groupfinder](http://StLukesMethodist.org/groupfinder) or contact Rev. Thomas Harper at 713-402-5009 or [tharper@stlukesmethodist.org](mailto:tharper@stlukesmethodist.org).

### 2017 Women's Retreat | *Breath of God* | February 3-5 (leave at noon) | Camp Allen

Join other women from St.

Luke's and retreat to the woods of Camp Allen for a weekend of study, fellowship and relaxation led by former St. Luke's pastor Rev. Nancy Kellond. Cost \$215 Registration at [StLukesMethodist.org/events](http://StLukesMethodist.org/events).

**St. Luke's Day School registration** is beginning for both part-time, school year and full-time, year round programs for infants through Kindergarten. Formal tours take place at 9:30 a.m. on January 24, January 31, February 7 and February 16. Church member priority deadline is Tuesday, February 14 at 6 p.m. Visit [StLukesDaySchool.org/enrollment](http://StLukesDaySchool.org/enrollment) for more information and to sign up for a tour.

### Survivors of Suicide Support Group for those who lost a loved one | Tuesdays, February 7-March 28 | 6-7:30 p.m.

This 8-week group gives those with a loved one who completed suicide a place to work through their loss and move forward alongside others with similar experiences. Register at 713-402-5046. Cost: \$25 per meeting. Insurance, sliding scale available.

**Coffee with the Pastor is January 29.** Want to learn more about St. Luke's? Coffee with the Pastor is a casual gathering led by Sr. Pastor, Dr. Tom Pace. It is the way to learn more about St. Luke's and is the first step on the path to membership. You can sign up online at [StLukesMethodist.org/in-new/#jointhefamily](http://StLukesMethodist.org/in-new/#jointhefamily)

## WE GIVE OURSELVES AWAY

in generosity and service.

### Souper Bowl of Caring is February 5

One in four children in Texas go to bed hungry at night not knowing from where their next meal will come. This year, addition to enjoying the big game, pick up some extra non-perishable items at the grocery store and bring them to the Fellowship Walk on February 5 to benefit Christian Community Service Center Food Pantries, which serve neighbors at both our Westheimer and Gethsemane campuses.



#stlukeshouston



/stlukeshouston

## INSIDE-OUT HABITS

We pray. We study the Bible. We make friends. We tell our stories.

## WE PRAY

### Sunday, January 22

Heavenly Father, you sent your son as one of us, fully human yet fully divine, so that we may come to know him and follow his ways. I confess that I want to be like Jesus, but I have made mistakes and fallen short of his example. Help me to lay down my guilt and shame at the foot of the cross and to strain toward your divine calling on my life. Help me focus on the things that I can change in order to live and love more like Jesus did. Amen.

### Monday, January 23

God of infinity, thank you for the gift of Monday, a day to start a brand new week with you. Thank you for a new day full of opportunities to become the person you are shaping me to be. Show me what I need to do for you today and this week. Let me focus on following you and devoting my energy to your purpose. Amen.

### Tuesday, January 24 Personal Prayer Day

Today, we are focusing on the St. Luke's Inside Out Habit – We study the Bible. Spend some time in God's Word today. Search for a Bible verse that speaks to you or read your favorite verse. Then, write a personal prayer using that verse. If you feel comfortable, submit the prayer to [lnoteboom@stlukesmethodist.org](mailto:lnoteboom@stlukesmethodist.org) for the Prayer Calendar.

### Wednesday, January 25

Heavenly Creator, I thank you for the gift of my community of faith here at St. Luke's. Thank you for the sweet lady who answers the church phone when I call, and

thank you for the people who stand outside to smile and greet me on Sundays. Thank you for the media people who bring great sound and videos, and thank you for all of the staff who work behind the scenes to grow me in my faith. Thank you for the Pastors who guide me and inspire me, and thank you for my church friends who live my life with me, pray for me, and hold me accountable. Amen.

### Thursday, January 26 Personal Prayer Day

Throughout life, God gives us glimpses of grace to sustain us and carry us through. Spend 10 minutes today thinking about how God is working in your life. Think about the ways He carefully and purposefully directs your path and opens doors for you. Think about all of the situations in your life where things fell into place perfectly. Then, spend time in prayer thanking God for guiding your life in big and small ways.

### Friday, January 27

Father in Heaven, I want to be part of something amazing! I can feel you calling me to do something greater this year, and I am ready. I don't want to miss any more of the opportunities that you give me. Guide me and grow me in small ways so that I can be part of your bigger plan. Amen.

### Saturday, January 28

God, sometimes I feel like I don't have time or resources to do anything. Yet, I know that I could use my time and resources more wisely for your purposes. Help me to seek you first always with my time, my talents, my money, and my whole life. Amen.

**IF YOU OR SOMEONE YOU KNOW NEEDS PRAYER**, a hospital visit or contact from one of our ministers, please call Rev. Bill Denham at 713-402-5156. 24-hour Prayer and Praise Line: 713-402-5088.

# WE STUDY THE BIBLE

## Philippians 3:7-16

Yet whatever gains I had, these I have come to regard as loss because of Christ.

<sup>8</sup> More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ <sup>9</sup> and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith.

<sup>10</sup> I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, <sup>11</sup> if somehow I may attain the resurrection from the dead.

<sup>12</sup> **Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own.**

<sup>13</sup> **Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, <sup>14</sup>I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.**

<sup>15</sup> **Let those of us then who are mature be of the same mind; and if you think differently about anything, this too God will reveal to you. <sup>16</sup> Only let us hold fast to what we have attained.**

### Sermon Notes

*One Thing I Do*  
Third in a Series, *Unstuck*  
Dr. Tom Pace preaching

- 1) Achieving v. Becoming (7-11)
  - Reprise: Resume Values (Phil 3:4-6) v. Eulogy Values (Phil 3:7-11)
  
  - Justification leads to sanctification
  
- 2) A Singular Focus (12-16)
  - Glancing at distractions
  
  - Priority is singular: Making it all fit together
  
- 3) A gamer's mentality (12, 13, 14)
  - Progress, progress, progress
  
  - The upward call

### KEY VERSE FOR THE WEEK:

*Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, <sup>14</sup>I press on toward the goal for the prize of the heavenly call of God in Christ Jesus. –*

Philippians 3:13-14

### QUESTIONS FOR CONVERSATION

What are your "eulogy values," things that you want God to help you develop, to "etch into" your life and heart? What really matters to you about who you want to BE (as opposed to what you want to do)? What are some distractions which at which you more than glance, and cause you to lose your focus?

# THIRD GRADE BIBLE RECIPIENTS

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|---|---|
| <p>1 Maya Elizabeth Baird<br/>Zachary Ben Barnett<br/>Cooper James Bayne<br/>David Alexander Berry<br/>Sophia Grace Boyer<br/>Harrison James Broach<br/>Harper Kathleen Brown<br/>Madison Phoebe Pruitt Bruchman<br/>Mary Eloise Buttram<br/>Karolina Eva Chaloupka<br/>Michal Reese Chaloupka</p> <p>12 Audrey Caroline Cheng<br/>Isaac Maximiliano Chmiel<br/>Andrew Jackson Clark V<br/>Saige Knight Clary<br/>Robert Bruce Coffman<br/>Wilson Andrew Cogan<br/>Keelan Marie Collins<br/>Addison Grace Conner<br/>William David Connor<br/>David Miller Crosswell III<br/>David Gray Davis</p> <p>24 Gabriel Hayden Decker<br/>Wesley Mitchell Decker<br/>Judson Thomas Dowell<br/>Isaac Reed Drake<br/>Zoe Claiborne Drake<br/>Robert "Trey" Michael Dulaney III<br/>Kayla Garrett Edwards<br/>Taylor Elizabeth Edwards<br/>March Michael Flood<br/>Olivia Rose Charlotte Fogal<br/>John Thomas Gilmore<br/>Scarlett Claire Glazner</p> <p>36 Abigail Ellen Green<br/>Matthew James Greiner<br/>William F. Greiner<br/>Georgia Christine Grove<br/>Oliver Michael Gumbert<br/>Hadley Grace Harper<br/>Ava Kimberly Heim<br/>Sophia Ling Hernandez<br/>Frances Ferguson Herndon<br/>Lily Ana Hilpert<br/>Hadley Harper Holmes<br/>Emma Louise Huddle</p> | <p>48 Zaira Joelle Huffman<br/>Elliot Wiley Jazaeri<br/>Ellis St. Clair Jordan<br/>Layne Elizabeth Junell<br/>Mary Katherine Sawyer King<br/>Andrew Joel Kline<br/>James Pate Lee<br/>Caroline Callaham Letzerich<br/>Matthew Peter Manis III<br/>Madison Marie Mann<br/>Palmer Cavanaugh McNulty<br/>Henry Griffith Meraz</p> <p>60 Gretchen Anne Merman<br/>William David Mitchell Jr.<br/>Jonathan William Moore<br/>Leah Claire Nall<br/>Holton Randolph Newcomer<br/>Quentin Lenn Nicholson<br/>Evan Elizabeth Nisbet<br/>Anna Claire Copley Otto<br/>William Michael Otto III<br/>William Allen Pacey<br/>Julia Lane Peltier<br/>Elena Paige Pipkin</p> <p>72 Joshua Christian Rhames<br/>Michael Louis Rodriguez<br/>Sebastian Felipe Rodriguez<br/>Caleb Schultz<br/>Mary Katherine Schulz<br/>Jackson Ryan Setrum<br/>William Davis Simpson<br/>Cameron Charles Sloan<br/>Paige Catherine Smart<br/>Dylan Matthew Smouse<br/>Gray David Sullivan<br/>Brinnley Caris Grace Tanner</p> <p>84 Nicholas Manning Verducci<br/>Harrison Clay Wagner<br/>Wylie Reese Ward<br/>Nicholas Alan Watson<br/>Finley James Watt<br/>Jillian Rose White<br/>Caroline Elizabeth Wood<br/>Jae Charles Wykoff<br/>Daniel Eugene Yarbrough III<br/>Claire Young</p> |
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