

**THE LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

**\*HYMN OF PREPARATION**

130 *God Will Take Care of You* MARTIN

**SHARING THE BREAD AND CUP**

We are guests at Christ's table which is open to all. Receive the wafer in your hands, and the server will say, "The body of Christ, given for you," and your response could be, "Amen." Then dip the wafer into the juice and the server will say, "The blood of Christ, given for you," and again you may respond, "Amen."

Gluten-free wafers and pre-filled cups are available. Indicate your need to your server. Offerings left at the communion rail will be directed to the Member Care Fund, which aids our friends in need.

**MUSIC DURING COMMUNION**

474 *Precious Lord, Take My Hand* PRECIOUS LORD

**PRAYER AFTER COMMUNION** *in unison*

Rev. Michelle Manuel

Lord, you have put gladness in our hearts; you have satisfied our hunger with good things. In giving all, you have not withheld from us your own dear Son.

How can we withhold anything from you, our Lord and our God?

Renew us day by day with the gift of your Spirit, that we may give ourselves completely to your service and walk with joy in the footsteps of Jesus Christ, our Lord. Amen.

**INVITATION TO CHRISTIAN DISCIPLESHIP**

If you would like to become a follower of Jesus Christ, or if you are interested in joining St. Luke's United Methodist Church, we would love to talk to you about what that means. Please visit the Connection Desk after the service to meet with a member of our Hospitality Team and learn more.

**\*HYMN OF COMMITMENT**

534 *Be Still, My Soul* FINLANDIA

**\*BENEDICTION**

Rev. Michelle Manuel

POSTLUDE *Praise to the Lord, the Almighty* arr. Phillips

At places marked \* those who are able may stand

**Welcome to worship at St. Luke's!**  
Please let us know you are here.



We are so happy you're with us today! Please check in by hovering your phone's camera over this QR code, and a form will pop up.

You can also check in on the St. Luke's App. If you don't have the app installed on your phone, you can download here: [StLukesMethodist.org/app](https://StLukesMethodist.org/app)

**Sermon Notes**

**Less Anxiety, More Prayer**

Third in the Series **When Less is More**

- Anxiety?
- Appreciation
- Authenticity
- Activity

**Possible Best Next Steps for You**

- Close every day with three things for which you are grateful.
- Sign up for Disciple Bible Study, to build a trellis of knowledge and friendship.

**Leading in Worship Today:** Dr. Tom Pace; Rev. Michelle Manuel; Justin Bair.

**Musicians:** Sid Davis, Director of Music & Fine Arts; Jim Roman, Organist; Staff Singers.

The altar flowers are dedicated to the glory of God and given in celebration of the baptism of Cindy Nias Nolingberg by her parents, Julia and Blake Nolingberg; and in loving memory of Thomas Monroe by Kendall and Will Monroe.



L I V E  
A N D  
L O V E  
L I K E  
J E S U S

St. Luke's United Methodist Church  
August 21, 2022 | 8:30 a.m.



**St. Luke's**

United Methodist Church

Dr. Tom Pace, Senior Pastor

713-622-5710 | [StLukesMethodist.org](https://StLukesMethodist.org)

**PRELUDE** *Meditation* Gallon  
Jim Roman, organ Virginia Stout, flute

**HYMN OF PRAISE**  
117 *O God Our Help in Ages Past* ST. ANNE

**\*AFFIRMATION OF FAITH** UMH #884 **Justin Bair**  
**We believe in the one God,**  
**creator and sustainer of all things, Father of all nations,**  
**the source of all goodness and beauty, all truth and love.**  
**We believe in Jesus Christ,**  
**God manifest in the flesh,**  
**our teacher, example, and Redeemer, the Savior of the world.**  
**We believe in the Holy Spirit,**  
**God present with us for guidance, for comfort, and for strength.**  
**We believe in the forgiveness of sins,**  
**in the life of love and prayer,**  
**and in grace equal to every need.**  
**We believe in the Word of God**  
**contained in the Old and New Testaments**  
**as the sufficient rule both of faith and of practice.**  
**We believe in the church,**  
**those who are united in the living Lord**  
**for the purpose of worship and service.**  
**We believe in the reign of God**  
**as the divine will realized in human society,**  
**and in the family of God,**  
**where we are all brothers and sisters.**  
**We believe in the final triumph of righteousness**  
**and in the life everlasting.**  
**Amen.**

**\*GLORIA PATRI** UMH #70 **MEINEKE**  
**Glory be to the Father and to the Son and to the Holy Ghost; as it was in**  
**the beginning, is now, and ever shall be, world without end. Amen. Amen.**

**WELCOME** **Dr. Tom Pace**

**SCRIPTURE READING** Philippians 4:4-13 **Rev. Michelle Manuel**  
<sup>4</sup> Rejoice in the Lord always; again I will say, Rejoice.<sup>5</sup> Let your gentleness be known to everyone. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup> Finally, brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. <sup>9</sup> As for the things that you have learned and received and heard and noticed in me, do them, and the God of peace will be with you. <sup>10</sup> I rejoice in the Lord greatly that now at last you have revived your concern for me; indeed, you were concerned for

me but had no opportunity to show it. <sup>11</sup> Not that I am referring to being in need, for I have learned to be content with whatever I have. <sup>12</sup> I know what it is to have little, and I know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need. <sup>13</sup> I can do all things through him who strengthens me.

**SCRIPTURE RESPONSE**  
The Word of God for the people of God.  
**Thanks be to God.**

**CHORAL CALL TO PRAYER**

**MORNING PRAYER** **Rev. Michelle Manuel**

**SERMON** *Less Anxiety, More Prayer* **Dr. Tom Pace**  
Third in the Series, *When Less is More*

**OFFERTORY** *To Everything There Is a Season* Harris  
Staff Singers

To ev'rything there is a season, to ev'rything there is a time;  
For ev'ry purpose under heaven there is a time, a proper time.

To live and die, to plant and harvest. To kill and heal, to wreck and build;  
To cry and laugh, to mourn and dance there is a time, a proper time.

A time to cast away, to bring together,  
A time to be embraced, to be alone;  
To find and lose, to keep and give,  
There is a time.

To tear apart, to mend together,  
to be silent, and to speak;  
to love and hate, for war and peace,  
There is a time, a proper time.

**\*DOXOLOGY** UMH #95 **OLD 100TH**  
**Praise God, from whom all blessings flow; praise him, all creatures here**  
**below; praise him above, ye heavenly host; praise Father, Son, and Holy**  
**Ghost. Amen.**

**INVITATION TO HOLY COMMUNION** **Rev. Michelle Manuel**

**PRAYER OF CONFESSION**  
**Almighty God**  
**You love us, but we have not loved you.**  
**You call, but we have not listened.**  
**We walk away from neighbors in need,**  
**Wrapped in our own concerns.**  
**God of grace,**  
**Help us to admit our sin,**  
**So that as you come to us in mercy,**

**We may repent, turn to you, and receive forgiveness;**  
**Through Jesus Christ our Redeemer,**  
**Amen.**

**WORDS OF ASSURANCE AND PARDON**

The Lord is compassionate and gracious, slow to anger, abounding in love. He will not always accuse, nor will he harbor his anger forever; he does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us.  
In the name of Jesus Christ, you are forgiven.  
**In the name of Jesus Christ, you are forgiven. Glory to God. Amen.**

**THE GREAT THANKSGIVING**

The Lord be with you.  
**And also with you.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

...*the pastor continues*

...we praise your name and join their unending hymn:

Rob Landes

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.  
Heav-en and earth are full of your glo - ry. Ho - san-na in the high - est  
Bles-sed is He who comes in the name of the Lord. Ho-san-na in the high - est.

...*the pastor continues*

...in union with Christ's offering for us, as we proclaim the mystery of faith.

Christ has died, Christ is ri-sen, Christ will come a - gain!

...*the pastor continues*

All honor and glory is yours, almighty Father, now and forever.

A - men, A - men, A - men.